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FOCUS ON FAMINE

'It's hard to be hopeful in this horrible situation'

- Adil Al-Serri

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'TARNISHED'

Former asylum seeker Jose Figueroa looks to the Supreme Court to clear his name

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CHAD HIPOLITO/THE CANADIAN PRESS

BILLIONAIRE BOON

Jimmy Pattison's record donation

CANUCK

Long recovery for chummy crow after beating

POLITICAL ADS

Auditor general to meet with minister

metroNEWS

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Smurfette removed from movie posters in Israel to avoid offending ultra-Orthodox community.

Pattison's historic $75M gift

PHILANTHROPY

St. Paul's gift is largest ever to a Canadian medical facility

Wanyee Li
Metro | Vancouver

Vancouver business icon and billionaire Jim Pattison is donating $75 million to the St. Paul Foundation to build a new 18-acre medical centre, destined for the False Creek Flats.

The gift is the largest donation from a private citizen to a medical facility in Canada's history.

In a move that St. Paul Foundation CEO Dick Vollet describes as "truly revolutionary," Pattison's donation will help the foundation build a fully integrated health-care campus from the ground up.

The entire campus will bear Pattison's name and house St. Paul's Hospital, a three-acre research building, and centres of excellence for HIV/AIDS, heart and lung, substance use, and more.

The well-known philanthropist was gracious about his role in the project as he motioned to the people around him in an announcement Tuesday morning.

"These folks came to see us and said they needed some help," he explained.

Jim Pattison greets friends and St. Paul's Hospital supporters at an announcement Tuesday where he announced his $75-million donation to the St. Paul Foundation. WANYEE LI/METRO

He even joked with reporters afterwards.

"Now I gotta get up and pay for all this stuff. I do need to go to work!" said the 88-year old.

The Pattison Group pulls in $9.6 billion in sales every year and employs 42,000 people, according to its website.

Pattison has already donated millions of dollars to various hospitals in the province throughout his life but this latest gift is the largest by far.

> **It is one of the strongest examples of how philanthropy can truly transform people's lives.**
> Dick Vollet, St. Paul's Foundation

It will revolutionize health care for people all across the province, said Vollet.

"It is one of the strongest examples of how philanthropy can truly transform people's lives."

The B.C. government has said it is contributing $500 million to the project, which will see St. Paul's Hospital move from its downtown location to the False Creek Flats by 2023.

It's a rare chance for authorities to design a large medical centre from the ground up.

"The opportunity to build a completely new health campus in B.C., particularly in an urban environment, will not happen again in our lifetime," said Dr. Jeff Pike, physician lead for the relocation project.

"This will mean improved access to services, better care co-ordination, and a comprehensive and dynamic set of services that will continually renew with the evolving needs of our population."

And while Pattison is not involved in the project design, Pike says the donation shows his commitment to the St. Paul Foundation's health-care goals.

"I can tell you that the most important thing to him is supporting our shared vision together," said Pike.

"He has not been demanding of what that looks like or how his name is held forward."

But Vollet predicts this health-care donation will put Pattison's name up there with the likes of John Hopkins and Mayo.

"The Jim Pattison Medical Centre will stand among the world's great health-care centres."

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Of ads and accountability

ETHICS

Government spots draw ire, and auditor general's eye

Matt Kieltyka
Metro | Vancouver

British Columbia's auditor general has no plans to launch an investigation into government spending on potentially partisan advertising ahead of the election.

Two Vancouver lawyers launched a lawsuit earlier this month alleging the $15 million spent on government ads this year largely benefit the BC Liberal Party as the May 9 election date approaches.

The Opposition New Democratic Party and BC Green Party have both come out against taxpayer-funded political advertising and the debate over whether the ads are actually partisan has raged on in the public.

Auditor General Carol Bellringer said she plans to meet with Advanced Education Minister Andrew Wilkinson about the ads on Thursday, but said her office won't launch a full audit.

Auditor General Carol Bellringer said her office won't launch an audit into taxpayer-funded government ads ahead of the election but shares her concerns about spending. COURTESY BCAUDITOR.COM

"We did an audit back in 2014 and, at the time, we were drawing attention to the fact there needs to be stronger guidelines in place that make the distinction between what is a public service ad versus a political ad. We know that there have been changes made," Bellringer told media. "It's not our plan to (conduct a new audit) but that doesn't mean to say it isn't an important thing."

Her office doesn't have jurisdiction over the content of ads, but Bellringer said politicians could launch an independent review if they wanted.

Bellringer says the sharp increase in government spending on advertisements this year in particular does "raise questions."

"One should not see an increase in spending immediately prior to an election, it's something that we think should be stable throughout the year," she said.

Wilkinson responded to the lawsuit on behalf of the government, saying in a statement that it uses the ads to inform the public about important services and programs including the opioid overdose crisis that killed more than 900 people last year.

The government has seen an increase in the public participation in programs when they are advertised, he said, adding that "these campaigns clearly work."

He said the government has worked with the auditor general to ensure information campaigns are fact-based, inform the public and adhere to policies that state no public funds should be used for political advertising.

None of the allegations has been proven in court.

WITH FILES FROM THE CANADIAN PRESS

VULNERABILITY

Security flaws fixed in police data: Audit

Carol Bellringer's comments on government spending came as the auditor general released the findings of her audit into the province's police database.

Her office first did an audit of the Police Records Information Management Environment (PRIME BC) in 2013 and found that the provincewide police IT system (with data on all 911 calls, police contacts, criminal records, victims and investigations) was susceptible to unauthorized access.

A followup audit on the current security measures shows the security flaws that made the system vulnerable are now gone.

"The improvements have been significant," said Bellringer, "but there are some weaknesses that remain."

Those weaknesses are mostly internal now, the auditor general said.

The company that manages the system has an action plan in place to fix the outstanding security flaws by the end of the year. MATT KIELTYKA/METRO

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Jose Figueroa, a refugee from El Salvador, claimed sanctuary at the Walnut Grove Lutheran Church in Langley in October 2013. Figueroa, now a permanent resident, is headed to Supreme Court in order to get a certificate declaring he is not a terrorist. THE CANADIAN PRESS

Ex-asylum seeker tries to clear name

IMMIGRATION

Jose Figueroa going to top court to fight terrorist label

An El Salvadoran asylum seeker who became a permanent Canadian resident after spending two years in sanctuary in a British Columbia church is looking to the Supreme Court of Canada to clear his "tarnished" name following another legal loss.

Writing for a three-judge panel, Justice Mark Noel of the Federal Appeal Court scuttled Jose Figueroa's most recent court bid to receive a certificate from Canada's minister of foreign affairs declaring that the man is not a terrorist.

"I am still in the process of evaluating the steps that I need to be taking in the near future, but for certain ... I do need to take this to the Supreme Court," Figueroa, 50, said in an interview on Tuesday.

Austin Jean, a spokesman for Global Affairs Canada, confirmed in an email the government was aware of the court decision made last Thursday but declined further comment.

Figueroa and his wife applied for refugee status after arriving in Canada two decades ago.

As a young man, Figueroa belonged to a student union that backed the Farabundo Marti National Liberation Front, or FMLN, a Salvadoran group Canada considered a terrorist organization, Figueroa said. The same group is now the country's elected government, he added.

The FMLN is not included on the list of terrorist entities compiled by Canada's public service department.

Former immigration minister John McCallum granted Figueroa a ministerial exemption in late 2015, which allowed him to leave the Walnut Grove Lutheran Church in Langley and apply for permanent resident status.

Figueroa estimated the legal proceedings that have taken place since 2010 have cost his family $250,000, which required him to take out a mortgage on his home.

The former Salvadoran refugee, who is completing his first year of law school at the University of Victoria, has a son, 19, and two daughters, 16 and nine, all of whom were born in Canada.

"My family, they will require an apology from the government of Canada because of the way we have been treated. We have been here for almost 20 years — May 6 will be 20 years — and we are still being affected," he said.

"This is very un-Canadian and the current government should be taking a stand on this."

Figueroa said his court battles are also taking a toll on his studies.

"It's a very painful way to learn about the law. And costly," he said. "I am learning the hard way." THE CANADIAN PRESS

Vancouver DIGEST

Watchdog mulls options for Mount Polley fight

MiningWatch Canada says it's evaluating its options after the Crown stayed its private prosecution over the biggest mine tailings breach in Canadian history. The mining watchdog says the Crown cited insufficient evidence as part of the reason it stayed the charges against the province and the Mount Polley Mining Corp., in a Williams Lake court on Monday.

THE CANADIAN PRESS

Highway through Langley expanding to six lanes

The British Columbia government has pledged $113 million for phase two of a project to twin the TransCanada highway through Langley.

The province is seeking funding from the federal government and Langley to provide the remainder of the $235 million cost of the project, with design work due to start some time in the fall.

THE CANADIAN PRESS

New tsunami sirens on Vancouver Island

Obsolete tsunami sirens are being replaced on the west coast of Vancouver Island to better alert people in Port Renfrew and the Pacheedaht First Nation in case of an emergency.

The B.C. Disaster Mitigation Program is providing $550,000 to install a new state-of-the-art warning system that will include voiceover capability and remote activation.

THE CANADIAN PRESS

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'Heartbreaking issue' to get help

HEALTH

Research could lead to cheaper cystic fibrosis treatment

Wanyee Li
Metro | Vancouver

UBC researchers are taking the first step in finding cheaper treatments for patients with cystic fibrosis by sequencing bacteria DNA.

The study, published in Genome Research, involved sequencing the genome of burkholderia cenocepacia bacteria, a microbe responsible for life-threatening infections that affects anywhere from 25 to 50 per cent of people with cystic fibrosis.

The hope is that genome sequencing can help researchers find an existing, unrelated drug, that will control burkholderia infections.

This technique is called repurposing drugs and has been successfully used in the treatment of other diseases, including some cancers.

Researchers hope DNA sequencing burkholderia bacteria that cause life-threatening infections in cystic fibrosis patients will lead to cheaper treatment options. BC CANCER AGENCY/CONTRIBUTED

UBC pharmacy professor Corey Nislow says he started this project because the average family can't afford new treatment options for cystic fibrosis. One medicine, Orkambi, costs $250,000 per year for one person and is not covered by the B.C. government.

"It's a heartbreaking issue because these drugs are extremely effective but they are so expensive," said Nislow, who is also director of the university's sequencing and bioinformatics consortium.

B.C.'s ministry of health said in a statement that there is not enough clinical evidence to show Orkambi is effective but that PharmaCare does cover several other treatments for cystic fibrosis.

One in 3,000 people in B.C. are born with cystic fibrosis, a genetic condition that causes them to have thicker than normal mucus. It can partially or completely block their airway over time.

That mucus is also the perfect environment for bacteria to thrive in, which explains why cystic fibrosis patients are especially susceptible to burkholderia outbreaks, said Nislow.

The most common symptom of burkholderia infection is loss of lung function.

On top of that, antibiotics are useless against burkholderia bacteria, making it a natural superbug, or what the scientific community calls, a "Gram negative" bacteria, he explained.

"We have failed as the drug industry and academics to develop effective treatments against (this bacteria)," said Nislow.

"Shame on us. We need to."

That's where Nislow hopes his research can make an impact.

His team analyzed the DNA of burkholderia bacteria collected from patients over a 20-year period.

Researchers then analyzed how that DNA changed over time.

"Usually when you sequenced a genome you get a snapshot. Here we were able to see how bacteria adapted," said Nislow.

He found that the bacteria's genome shrunk over time, enabling the team to identify a core genome they can now use in drug tests.

"The best drug is the one that is already on the market. We have a library of 2,000 drugs and we're going to start testing them against these patient-derived burkholderia and ask simply, is anything on the market, effective," he said.

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POLL

Horgan is the most likable leader

Matt Kieltyka
Metro | Edmonton

The latest poll on the upcoming British Columbia election looks like it was ripped from the pages of a high school yearbook.

Pollsters at Insights West and Vancouver Magazine were more interested to find out who is most trustworthy and who will say anything to get elected.

According to the poll, voters think New Democratic Party leader John Horgan is the most trustworthy (21 per cent), followed by BC Green Party leader Andrew Weaver (19) and BC Liberal Party leader Christy Clark (13)..

Forty-one per cent of decided voters said they would cast a ballot of the NDP, compared to 40 per cent that would vote Liberal.

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Canuck, a friendly crow who has amassed a following in Vancouver, likely faces a long recovery after he was clubbed with a stick while hopping along the sidelines of a soccer game. COURTESY THECROWANDI/FACEBOOK

Canuck the curious crow on the mend

ANIMAL WELFARE

It could be several days until he can fly, says caretaker

The east Vancouver crow that is celebrated for his gregarious antics will remain in a bird hospital for at least another week after his caretaker says the bird was attacked.

Shawn Bergman says Canuck the crow must remain under care for treatment of head and other injuries following an incident over the weekend where the bird may have been hit with a stick while hopping along the sidelines of a local soccer game.

BC Society for Prevention of Cruelty to Animals investigator Eileen Drever says she began an investigation after receiving reports that the bird was knocked unconscious, however, no one who witnessed the attack has come forward.

Bergman befriended Canuck more than a year ago and the playful antics of the curious creature led to a Facebook page with thousands of followers and a dedicated social media presence.

It was the bird's theft of the possible weapon from a Vancouver crime scene that elevated Canuck's status.

Canuck is known to patrol an area of east Vancouver and was watching in May 2016 as police investigated a stabbing, before swooping down and trying to fly off with a knife, dropping it only after officers gave chase.

> **They just want to make sure that he's as healthy as he can be.**
> Shawn Bergman

The bird was hopping around, drinking and eating a little on Monday, but Bergman says it would be several days before Canuck could fly free.

"They want to make sure he's 100 per cent and ready to go back outside. They just want to make sure that he's as healthy as he can be."

Canuck spends a lot of time with humans, but is not a pet and must feed and fend for himself, avoiding predators and competing with other crows, so Bergman says the animal must be in top shape when released.

In the meantime, Bergman says other crows are moving in to Canuck's territory.

"They're all taking advantage of the lack of his presence in the neighbourhood, right now," he says. "It's interesting to watch the dynamic working there."

THE CANADIAN PRESS

CONSERVATION

B.C. wetlands grow with land purchase

A parcel of land in a birder's paradise in British Columbia's Okanagan Valley has been secured by the Nature Conservancy of Canada.

The 36.4-hectare property is located in an expanse of wetland near the Okanagan River and is an important acquisition because so much of the valley bottom has been lost to development and agriculture, said Barb Pryce, the southern Interior program director with the conservancy.

"Finding a parcel that's 90 acres in size is quite a rarity in the south Okanagan and that's why it's so important," she said.

Less than 15 per cent of the valley bottom remains wetlands.

Bird watchers from around the world come to see the diversity of birds that use the area for breeding, nesting, hunting and as a migration stopover.

The long-billed curlew, yellow-breasted chat and bobolink, all designated as species at risk in Canada, are found in the area.

"Some of the birds in the area are in decline, so anything we can do to support their population levels is really important."

Pryce said part of the farmland will remain in hay production because the dapper-looking bobolink songbird uses the grassland as a breeding ground.

The males are black and white and have a straw-coloured head.

Grasslands are rare and cover less than one per cent in the province, she noted.

Pryce said the conservancy and Ducks Unlimited Canada, which co-owns the land, will start a restoration program on the property soon.

The land is criss-crossed with old oxbows, or wetland channels, that have been cut off from the Okanagan River since the river was straightened in the 1950s to control flooding.

"You can see them from Google imagery. We'll likely be excavating those parts of the land," she said, adding that they will plant vegetation natural to the area, such as cottonwood, dogwood and willow trees.

The groups don't plan to link the oxbows back to the Okanagan River itself. Pryce said they dug out the channels on a similar restoration project just south of the property and within minutes water was rising out of the oxbows and the next day they were full.

THE CANADIAN PRESS

Flagging a long wait

CANADA

Order your free Peace Tower flag now, enjoy in 60 odd years

Ryan Tumilty
Metro | Ottawa

If you're looking to fly a Peace Tower flag on your own flagpole, your wish can come true — but it'll take a while.

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Given my age (34) and what I know about my genetic makeup — not to mention my approach to exercise and diet — the best I can reasonably hope for is that the flag will be lovingly placed over my coffin after a flying electric hearse has delivered my 102-year-old body to, I hope, a well-attended service sometime in 2085.

My nephew, born last month, might receive the flag, which I plan to put in my will, as a retirement gift.

Magda Hovjacky, director of ministerial correspondence for Public Services Canada, said Canadians understand the symbolic and sentimental value added to the flag itself, which measures 2.3 metres by 4.6 metres. And that, she said, explains why the waiting list has unfurled to such prodigious lengths in recent years (Canadians receiving flags today applied a mere 12 years ago, in 2005.)

"To receive a flag flown from Parliament Hill is to receive a piece of our history," she said. "Accelerating this journey would take away from its uniqueness."

Flags from West and East Block are also available, but even they would take 55 years to arrive if you placed your request today.

Hovjacky said that, since the program first launched, more people have come to learn about it and have become interested.

She said that when the department reaches out to confirm an address before sending a flag, the recipient is always excited.

"We get a lot of photos of people with the flag they received. We get a lot of appreciation of that," she said.

Hovjacky expects another swell in applications this year, in honour of Canada's 150th anniversary.

Centre Block and the Peace Tower are expected to closed for a massive rehabilitation next year, but Hovjacky said the main flag will still be changed daily — weather and safety permitting — throughout the project.

Any Canadian can request for a free Peace Tower flag but they may face a wait of several decades. THE CANADIAN PRESS/ADRIAN WYLD

WINNIPEG

Small suites bring big backlash

Jessica Botelho-Urbanski
Metro | Winnipeg

Compact living arrangements proposed for a Winnipeg Inn are already popular in other cities. CONTRIBUTED

News of plans to turn a Winnipeg in into micro-apartments spurred social media backlash on Monday.

The mixed-use plans being considered for the city's the Osborne Village Motor Inn would see commercial space on the main and basement floors, with tiny rental units available on the upper levels starting next spring, said Ken Yee, senior vice-president with Cushman Wakefield Winnipeg.

The suites would range in size from 275 to 450 square feet with rents spanning $975 to $1,400, Yee said.

"I wouldn't ever pay these prices for such a tiny place," one Metro reader commented on Facebook. "But that's me, I'm sure someone will."

"OMG!!!!!!! Let's pay WAY too much money for tiny apartments next to a fire hall! This is what everybody will want!" said another reader.

"This idea gave me cancer," a third person wrote.

Jino Distasio, director of the Institute of Urban Studies at the University of Winnipeg, said the compact living arrangements being proposed are already popular in other cities, but have rarely been tested here.

"The market ends up dictating whether or not it works in Winnipeg," he said. "(After) the immediate reaction (by readers), maybe the developers are scratching their heads and thinking, 'Do we need to workshop this a bit more?'"

Distasio said Osborne Village residents are traditionally protective of their neighbourhood.

"Anytime something happens in the Village there is an immediate mobilization of scrutiny," he said. "This is a pretty visible location so I think people were hoping for a signature something."

GERMANY

Stolen gold coin probably melted already

A former RCMP organized crime specialist has some ideas of what happened to the world's largest and purest gold coin, a 221-pound Canadian whopper called The Big Maple Leaf — stolen this week from the Bode Museum in Berlin.

"It could be melted into slabs already," said Chris Mathers, who worked undercover for years against organized crime groups and now heads a Toronto-based security company.

The Big Maple Leaf is almost pure gold, making it into the Guinness Book of Records for its purity of 999.99/1000 gold.

While the coin's face value is 1 million Canadian dollars, its gold content alone is worth about six times as much.

There's a chance they might try to ransom the gold back, but that involves a high level of risk. Far better to sell it to someone in the gold business on the international black market, Mathers said. TORSTAR NEWS SERVICE

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FOCUS ON FAMINE

DAY 3: Yemen

Displaced children stand outside their tent in the Dharwan camp of Amran province, north of Yemen's capital of Sanaa. The ongoing conflict has pushed thousands of children into severe malnutrition.
GETTY IMAGES

Yemenis fight to keep hope alive

Millions have been displaced as war hampers humanitarian intervention

Gilbert Ngabo
Metro | Toronto

Wyle Baoween isn't sure if he'll ever realize his dream.

The Yemeni-Canadian entrepreneur based in Vancouver has always wanted to go back to his native country and start a business. But the ongoing war and a looming famine have left his hopes in shambles.

"I'm very devastated," said Baoween of the emergency that's left millions of Yemenis on the brink of a famine and pushed thousands of children into acute malnutrition.

"Yemen was already the poorest country in the Middle East, and now even the little hope that was there is ruined."

The United Nations has already declared the situation in Yemen the largest humanitarian crisis in the world, with two-thirds of the entire population in need of immediate assistance.

Over three million people have been displaced, and humanitarian interventions are hampered by ongoing hostilities.

After visiting the country earlier in March, a UN official

told the Security Council that $2.1 billion in funding is needed to save at least 12 million Yemenis — otherwise they will "simply starve to death."

Baoween, whose family members are "scattered all over the world" due to the conflict, said he's worried about Yemen's future.

> **We don't really know what else to do.**
> Adil Al-Serri

"No one is working; militias are taking kids and forcing them into fighting. It's just scary," he said.

Adil Al-Serri, a Yemeni living in Toronto since 2008, said his father owns a grocery store in Sanaa, but people have been "simply taking stuff out" without paying.

"He's going out of business because no one has money to pay," said Al-Serri. He's heard stories of people trying to sell off their cars and clothes in order to buy food.

Members of the Yemeni-Canadian community are collecting donations to send to the country through different NGOs working on the ground.

"We don't really know what else to do, but it's hard to be hopeful in this horrible situation," he said.

BY THE NUMBERS | YEMEN

$173 million / **$2.1 billion**
Total funds raised so far / Funds required to avert a famine

3 out of 4
Yemen has a population of 24.4 million. Of those, **18.8 million people are food insecure**

500,000
Children under five suffering from acute malnutrition

SOURCE: UN OFFICE FOR THE COORDINATION OF HUMANITARIAN AFFAIRS

HOW YOU CAN HELP

Yemeni-Canadians across the country are leading efforts to collect funds and donate.

- **Tihamah Hunger Crisis:** A relief campaign led by Islamic Relief Canada has raised over $8,000 to fight hunger in northern Yemen. More info at islamicreliefcanada.org
- **World Food Program Canada:** The UN branch runs operations inside Yemen and has launched an appeal for donations to avert the famine situation. For more information, visit wfp.org/facingfamine
- **World Vision:** The charity is the biggest implementing partner of the World Food Program in East Africa. Private donations can be made at worldvision.ca

ABOUT THIS SERIES

Metro is chronicling the story through the lens of immigrants from the affected countries, with a focus on how people can get involved.

Monday Vicky Mochama on how Canada can step up its interventions.

Tuesday Focus on Somalia, and how this could be worse than 2011.

Wednesday Yemen, and the role of war in the ongoing famine.

Thursday The situation in South Sudan, the world's youngest country.

Friday Nigeria, with views from diaspora members and a local expat.

READ THIS SERIES FROM THE BEGINNING
metronews.ca

FOCUS ON FAMINE DAY 3

UN starved of cash to deal with crisis

FUNDING

U.S. plan to cut aid could have far-ranging effects

Mothers wait with their children to receive therapeutic milk to help combat the malnutrition their children are suffering from, in Juba, South Sudan. THE ASSOCIATED PRESS

The world's largest humanitarian crisis in 70 years has been declared in three African countries on the brink of famine, just as President Donald Trump's proposed foreign aid cuts threaten to pull the United States from its historic role as the world's top emergency donor.

If the deep cuts are approved by Congress and the U.S. does not contribute to Africa's current crisis, experts warn that the continent's growing drought and famine could have far-ranging effects, including a new wave of migrants heading to Europe and possibly more support for Islamic extremist groups.

The conflict-fueled hunger crises in Nigeria, Somalia and South Sudan have culminated in a trio of potential famines hitting almost simultaneously. Nearly 16 million people in the three countries are at risk of dying within months.

Famine already has been declared in two counties of South Sudan and 1 million people there are on the brink of dying from a lack of food, UN officials have said. Somalia has declared a state of emergency over drought and 2.9 million of its people face a food crisis that could become a famine, according to the UN. And in northeastern Nigeria, severe malnutrition is widespread in areas affected by violence from Boko Haram extremists.

"We are facing the largest humanitarian crisis since the creation of the United Nations," Stephen O'Brien, the UN humanitarian chief, told the UN Security Council after a visit this month to Somalia and South Sudan.

At least $4.4 billion is needed by the end of March to avert a hunger "catastrophe" in Nigeria, Somalia, South Sudan, and Yemen, UN Secretary-General Antonio Guterres said in late February. But according to UN data, only 10 per cent of the necessary funds have been received so far.

Trump's proposed budget would "absolutely" cut programs that help some of the most vulnerable people on Earth, Mick Mulvaney, the president's budget director, told reporters last week. The budget would "spend less money on people overseas and more money on people back home," he said.

The United States traditionally has been the largest donor to the UN and gives more foreign aid to Africa than any other continent. In 2016 it gave more than $2 billion to the UN's World Food Program, or almost a quarter of its total budget. That is expected to be reduced under Trump's proposed budget, according to former and current U.S. government officials.

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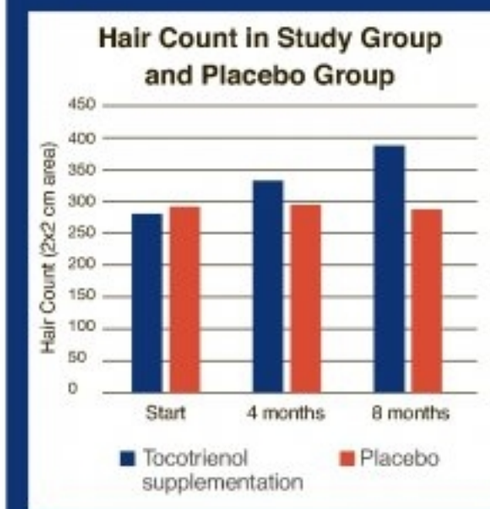
A recent study was done at the University of Malaysia with 38 people suffering from hair loss (alopecia)*. They were told to take a palm oil extract containing a special ratio of "super-antioxidants" called tocotrienols, known to lower oxidation in the scalp and thus allow for better – and new - hair growth. The results were surprisingly good!

STUDY RESULT:

Researchers studied an area of the scalp equal to 2x2 cm and counted the hairs at the beginning of the study, at 4 months and at 8 months. At the end of the study, the participants on the tocotrienol supplement had gained 34.5% more hair or an increase in average hair count from 285 to 383 hairs. Most of the group showed increases of 10-25%, but 40% of the group had more than 50% increase in hair growth. And only one person did not have any results.



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Trump order embraces coal

ENERGY

Move part of pledge to toss Obama's climate plan

Declaring "the start of a new era" in energy production, President Donald Trump signed an executive order Tuesday that he said would revive the coal industry and create jobs.

The move makes good on his campaign pledge to unravel former President Barack Obama's plan to curb global warming. The order seeks to suspend, rescind or flag for review more than a half-dozen measures in an effort to boost domestic energy production in the form of fossil fuels.

Environmental activists, including former Vice-President Al Gore, denounced the plan. But Trump said the effort would allow workers to "succeed on a level playing field for the first time in a long time."

"That is what this is all about: bringing back our jobs, bringing back our dreams and making America wealthy again," Trump said, during a ceremony at the Environmental Protection Agency headquarters, attended by a number of coal miners.

The order initiates a review of the Clean Power Plan, which restricts greenhouse gas emissions at coal-fired power plants.

The regulation, which was the former president's signature effort to curb carbon emissions, has been the subject of long-running legal challenges by Republican-led states and those who profit from burning oil, coal and gas.

But just as Obama's climate efforts were often stymied by legal challenges, environmental groups are promising to fight Trump's pro-fossil fuel agenda in court.

Trump has called global warming a "hoax" invented by the Chinese, and has repeatedly criticized the power-plant rule as an attack on American workers and the struggling U.S. coal industry.

THE ASSOCIATED PRESS

POLITICS LEG BATTLE BACKLASH Tuesday's Daily Mail newspaper featured on its front page a picture of Britain's Prime Minister Theresa May and Scotland's First Minister Nicola Sturgeon. The British newspaper faced a backlash for comparing the legs on show when the leaders held talks. While they clashed over Brexit, which May is set to trigger Wednesday, and Sturgeon's push for another Scottish independence referendum, the Mail spun it as a battle of the legs and focused on what could be read into their outfits and body language. GETTY IMAGES

BRITAIN

May urges unity as she negotiates exit

Prime Minister Theresa May says she will enter European Union exit talks representing everyone in Britain — including millions of EU nationals living in the U.K.

May plans to ask the EU for a divorce on Wednesday, triggering two years of negotiations before Britain's exit.

On Tuesday, May was photographed signing the letter to EU Council President Donald Tusk that will trigger Brexit — a process Britain says is irreversible.

The decision to leave the bloc has divided Britain, and left 3 million EU citizens here worried about their future.

May's office says she will tell the House of Commons Wednesday that she'll seek "the right deal for every single person in this country," including EU nationals.

She will urge Britons to unite as the country begins a "momentous journey."

THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Wednesday, March 29, 2017

JESSICA ALLEN ON THE IRRESISTIBLE PULL OF THE PAST

Listen, I'm not saying my Green Gables nostalgia is better than your Beauty and the Beast nostalgia ... My point is one person's nostalgia is another person's retro-kitsch.

BACK TO THE FUTURE There are two ways to react to a reboot of a beloved cultural brand, Jessica Allen writes: Nostalgia for the original that makes you game for any reincarnation, and reverence for the original that prevents any recreation from measuring up. DISNEY, THE CANADIAN PRESS

Beauty and the Beast has dominated the box office for the second Friday in a row.

I can only presume millions of adults — some of whom I know, and one of whom has gone back twice — are seeing the live-action remake of a 1991 Disney cartoon because they remember how they felt when they first saw it and want to feel the same feels wash over them again.

I get that. If I had been 10 when Beauty and the Beast first came out, maybe I'd be lining up to see this new tale as old as time, too. But I was in Grade 11. My jam was less Disney, more Backdraft.

I think there are two reactions to much-beloved screen remakes and reboots: The nostalgia for the original is powerful enough that you are game for whatever the reincarnation may be. Or, you hold the original so close the idea of recreating it repulses you.

Take CBC's reboot of Anne of Green Gables, Anne. Why would I want to watch the new eight-part miniseries when I can revisit the perfect 1985 Anne of Green Gables? On VHS, DVD, or Blu-Ray!

I was 10 years old when that two-part miniseries aired, which went on to enchant millions of others around the world. I would fake sick to stay home to watch it. My Barbies became Anne and her "bosom friend" Diana. And if they weren't nearby, I'd commandeer my brother's Star Wars figurines. Greedo may have once doubled as Gilbert Blythe. The relationship is serious and I am faithful.

Even pornography has specialist categories like 'natural' and 'vintage hairy' that harken back to golden days.

Last week, however, I may have accidentally cheated and watched the first episode of Anne online. I almost didn't make it through the opening credits when I heard the Tragically Hip's Ahead By a Century play, because their is no Hip in my Avonlea, P.E.I., which is, yes, fictional.

But I'm glad I persevered. It's good. In fact, it's so lovely that I tuned in to the second episode. Amybeth McNulty, while more childlike than Megan Follows' red-haired orphan ever was, is a fine Anne Shirley. And while there has never been more choice casting than Colleen Dewhurst and Richard Farnsworth as Matthew and Marilla Cuthbert, the siblings who adopt Anne, Geraldine James and R.H. Thomson's performances may have elicited tears and laughter.

Listen, I'm not saying my Green Gables nostalgia is better than your Beauty and the Beast nostalgia. That's ridiculous. (But Belle basically has Stockholm Syndrome and Anne is literally a heroine.) My point is one person's nostalgia is another person's retro-kitsch. Heck, for some monsters, even the '85 Anne series may pale in comparison to Lucy Maud Montgomery's 1908 novel.

Today, it's hard to keep pace with the rebrands, remakes, and reboots; a good thousand years past before Renaissance-era folks decided to mine the culture of the Greeks and Romans. Meanwhile, Alicia Vikander is the new Lara Croft and I haven't even seen the second Tomb Raider film starring Angelina Jolie.

"There has never been a society in human history so obsessed with the culture artifacts of its own immediate past," Simon Reynolds wrote in 2011's Retromania: Pop Culture's Addiction to Its Own Past.

It's everywhere: Clothes from two decades ago are considered vintage. Even pornography, Reynolds notes, has specialist categories, like "natural" and "vintage hairy," that harken back to golden days, which are at present alive and well — at least for me.

Are we stuck in a retro rut? Look at the weekend's box office again. Power Rangers is right behind Beauty and the Beast, followed by Kong: Skull Island. Beauty and the Beast scored "the fourth-largest second weekend of all time," Variety noted, behind Star Wars: The Force Awakens, Jurassic World and The Avengers.

I wouldn't call any of the above films original.

Speaking of originals, my dad recently purchased the complete TV box sets of Twilight Zone and Have Gun Will Travel.

Calm washed over him "because those moments I spent enjoying them originally were peaceful moments in an adolescent storm," he said. "I carved out a piece of that by going back to see all those familiar faces of actors long gone, and unremembered, by even my own generation. But there they were again."

We won't get those moments back, but that doesn't stop us from trying. In that, we may all be kindred spirits.

Jessica Allen is the digital correspondent on CTV's The Social.

VICKY MOCHAMA

Bill 'Do more with less' Morneau needs to wake up and smell the disaster

In the middle of an unprecedented and underfunded food crisis, finance minister Bill Morneau says Canada can do more with less foreign aid.

Asked why the Liberal government's recently announced budget does not contain any additional funding for foreign aid, he said, "We do have a view that we can do more with less, and that creating economic success is important."

Morneau pointed to a development finance institution that will direct money towards private companies so that they invest in projects to reduce poverty globally. Corporate incentives, while ultimately necessary, cannot be counted on in dire scenarios where there is no foreseeable profit, such as during natural disasters and famines.

As food insecurity threatens four countries, the promise of the 2015 Liberal win – sunny ways and all – isn't being followed up by the proud internationalism of a previous era or met with the sobering sense of responsibility that propelled the party to victory.

In other years, Canada's reticence on the global stage would be cause for concern. This year, it is cause for alarm.

The United States, traditionally the largest global donor, plans to cut 28 per cent from its international spending. President Donald Trump's administration also plans to shrink its contribution to the UN budget.

OECD data shows that in 2015 Canada's official development assistance was $4.24 billion US. (Official development assistance encompasses several forms of aid including loans and grants.) Last year's budget added a modest $256 million over two years to that total. Even the addition of a $300-million development-finance institute still doesn't bring Canada anywhere close to fulfilling a long-standing commitment of contributing 0.7 percent of gross national income to development aid.

On this, we have been outpaced by Sweden, Norway, Denmark, Luxembourg and the United Kingdom. The UK is the only G7 nation that has not only met the target in recent years but did so under a Conservative government. They took it a step further by enshrining the goal in law.

The 0.7 per cent goal was pioneered by Canadian Prime Minister Lester B. Pearson. It became a key commitment of the United Nations in 1970. Canada pledged in 2005 to meet the target by 2015.

Canada has never met it.

In the meantime, there is little in the way of global leadership to meet the $4.4 billion US ask from UN agencies working to address the food crisis in northern Nigeria, South Sudan, Somalia and Yemen.

They have received only ten per cent of that money.

To 20 million people in four countries and the constellation of agencies working for them, it is a moral failing to suggest that they do more while Canada does less.

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Michael Phelps will participate in Shark Week this summer — but won't try to outswim one

Keeping with family tradition

BUSINESS

Asian cuisine gets a fresh face as parents pass the torch

Pushpa Balgobin and Joe Callaghan
For Metro Canada

Thuy Dinh, co-owner of XO Bistro in Edmonton, holds the location's signature Viet Beef Carpaccio. KEVIN TUONG/FOR METRO

Amelie & Vincent Nguyen made their parents' (bottom left) eatery their own. PHOTOS (CLOCKWISE): JESS FLEMING; VY NGUYEN; AMELIE NGUYEN

When Thuy Dinh told her parents she was opening a Vietnamese restaurant, they were not quite ecstatic.

"They thought I was crazy," laughs the co-owner of Edmonton's XO Bistro + Bar.

Dinh's parents are no strangers to the restaurant business, having opened up several eateries, including Ninh Kieu Restaurant in Chinatown, after immigrating to Canada in 1989.

They knew how tough the business could be — but Dinh and her business partner Vincent Lam weren't planning just any mom and pop establishment, she said.

Dinh is one of a growing number of people from second-generation immigrant families following in their parents' footsteps and changing the face of Asian cuisine in Canada by putting a twist on traditional fare.

XO Bistro opened earlier this year in Edmonton's Ice District, and offers Vietnamese street staples like bánh xèo, a crêpe served with meat and sprouts, and Asian-inspired cocktails.

"The restaurant style was changing," she said. "We wanted an amazing location and modern design, but the food was going to be traditional Vietnamese food."

Dinh, who helped at her parents' restaurants all through college, said she worked with her family to create "very traditional" recipes. Her vision was "keeping the food authentic, real Vietnamese food not just fusion," she said. "People are into trying new things so the menu is small and it changes."

In Vancouver, siblings Vincent and Amelie Nguyen were busy forging their own way in the world when fate brought them back to the family's tradition.

Their father Hoang and mother Ly had arrived in Canada from Vietnam in the early 80s and turned a pop-up noodle shop in their back garden into the beloved Pho Hoang, a Vietnamese staple in Mount Pleasant for over 30 years. But when their father passed away seven years ago, the younger Nguyens' paths changed direction.

"My sister had a whole field in public health, had done her masters in that," Vincent told Metro. "That was her goal. She had a full-time job. Me myself, I was in medical school.

"Our father passed away and I had to come back. Then I just had my calling. We both did."

Pho Hoang in its former incarnation closed down in September 2015 but Vincent and Amelie — with their mother's input — are back serving loyal customers in Anh and Chi ("brother and sister" in Vietnamese) which opened last year with a revamped feel and a fresh menu.

"Second and third generation customers are now still eating with our family," said Vincent, with Anh and Chi having scooped a number of restaurant awards in its first year in operation. "That's the reward."

Tony Phung also knows a thing or two about making a family culinary tradition his own. He saw his parents build a successful Chinese restaurant after moving to Edmonton — then lose it, when the Treasury Restaurant burnt to the ground in a 2012 fire.

When he opened his own restaurant, Grain of Rice, in the west end last year, he wanted to serve traditional Chinese dishes, but embrace local and modern flavours too.

"At the old restaurant, the first few years were horrible for them," he said of his parents' experience. "Business, corporate income tax, payroll, they didn't have a clue.

"What set (Treasury) apart was the quality of the food," he said.

For many immigrant Chinese families, opening up restaurants were an economic lifeline in a new country, Phung said. His parents met in an English class in the '80s and, after years at jobs with no upward mobility, they opened their own business.

When Phung, an IT consultant, announced plans to do the same, his parents didn't understand why he'd take time away from a successful career.

"We have had family fights," he said. "My parents were so doubtful. They shied away from change but now they are overwhelmed by the foot traffic."

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A really good fake

The meat-free Impossible Burger, produced in Silicon Valley, is made to appeal to meat eaters, not vegetarians. CONTRIBUTED

FOOD TRENDS

Silicon Valley's plant-based burger puts squeeze on meat industry

Joe Callaghan
Metro Canada

As one of the masterminds of the new foodie millennium, David Chang is always ahead of the curve.

So when the man behind Momofuku declared last summer that he had discovered a gastronomical gamechanger, we should have paid more attention.

"I was genuinely blown away," Chang said of the new addition to the menu at Momofuku Nishi, his New York hub. "It was something I knew I had to get behind."

He was referring to the Impossible Burger — an entirely plant-based burger that looks, feels, cooks, smells, tastes and even bleeds like the real thing. Less than 12 months on, it appears Chang was onto something.

Impossible Foods, the company behind the innovation that counts Google Ventures and Bill Gates amongst its backers, last week announced plans to take the burger global. The company unveiled a mass production facility close to its Silicon Valley base that will churn out up to 4 million plant patties per month.

The burger hasn't yet crossed the border, the company has plans to bring it to Canada next year. Proteins have come along in recent times, but the huge buzz and rave reviews swirling around the Impossible Burger signal this offering is different.

And that could be bad news for a Canadian meat industry fighting to maintain its place in a rapidly changing market.

"There is a rising interest in alternative meats," Mike von Massow, a professor at the University of Guelph's Food Institute told Metro. "That group isn't huge right now but it is growing. Will (the Impossible Burger) take half the market in the next 18 months? No, probably not. But is there a significant opportunity for growth? Yes."

That growth could be all the more significant if the burger's positive reviews hold up as it hits the mass market. Impossible's breakthrough in reproducing their own plant-based heme, the molecule that naturally gives blood its colour and burgers their metallic moreishness, has been the key to their success.

"It looks great," said Sabrina Falone, director of culinary innovation at THP, a Toronto-based creative food agency. "I could definitely see how the texture could be alluring because it looks so similar to that of beef ... We all eat with our eyes first and our palates second."

As millennials and baby boomers embrace an era of unprecedented food choice, Canadians aren't eating as much meat with their eyes or palates.

So what's in it? Water, Textured Wheat Protein, Coconut Oil, Potato Protein, Natural Flavors; 2% or less of: Leghemoglobin (soy), Yeast Extract, Salt, Soy Protein Isolate, Konjac Gum, Xanthan Gum, Thiamin (Vitamin B1), Zinc, Niacin, Vitamin B6, Riboflavin (Vitamin B2), Vitamin B12.

Last year, beef saw its biggest annual drop in over 30 years — eight per cent according to the Canadian Cattlemen's Association.

But the industry insists they are not concerned at the potential of the Impossible Burger to further eat into sales.

"I don't think the volumes are very big yet ... it will be interesting to see how much pickup they get," Ron Davidson, senior vice-president of the Canadian Meat Council, told Metro. "You called it meat. I don't know if it even qualifies for that, frankly. It's something anyway."

Davidson was bullish about the prospects of an industry that employs 66,300 Canadians. Meat exports to the Asian market remain strong. In short, their position is they have enough on their plate without worrying about the Impossible Burger.

"This is initially a novelty product and some people may eat it. But it goes against the trends, the move towards natural product; not wanting lab or industrial products," added Davidson.

But as Canada's foodie hubs and the country at large have proven, trends can take off very quickly here — and stick.

"There are so many demographics that would gravitate towards it in our food culture," said Falone.

"Given how ... the ethical and sustainability aspects of food play into what's becoming popular in our cities, then for sure if the Impossible Burger came to town, there would be lines around the block."

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Party drugs laced with fentanyl

AWARENESS

Wife mourns husband, warns casual drug users

Genna Buck
Metro | Toronto

Jody McLennan is speaking out after the untimely death of her 25-year-old husband. EDUARO LIMA/METRO

On Feb. 11, Oghenovo Avwunufe was a perfectly healthy 25-year-old.

He had a degree in political science, but was fuelling his passion for sneakers with a job at an Adidas store in Toronto. He was savouring the honeymoon phase of his relationship with Jody McLennan, whom he married in August.

"He was a loud person. He was always joking around. Wasn't the least bit shy. He was always having fun, making noise, dancing," McLennan, 39, said. "He had a lot of life in him."

On Feb. 12, he was dead.

The previous night, McLennan went to a show with a friend and Avwunufe had a couple of friends over.

Unbeknownst to her, he snorted a couple of lines of cocaine, which he did once in a while. He didn't even take enough for her to notice he was high.

He fell asleep. She crashed on the couch. Then, in the early hours of the morning, "I went to wake him to say we should go downstairs to bed. And he wasn't alive anymore," McLennan said. She called 911, and started CPR. But it was too late.

Police told McLennan the coke was likely laced with fentanyl, a powerful painkiller 50 to 100 times stronger than morphine. A dose the size of two grains of sand is enough to kill an adult. It's not meant for people who haven't built up a tolerance to opiates. It's dangerous to handle without gloves.

Now, McLennan said, she's speaking out about the dangers of tainted street drugs in hopes that others won't become "another statistic" like her husband — one of the skyrocketing number of Canadians dying every year from opiate overdose.

Especially those who, like Avwunufe, didn't even know they were using an opiate.

Fentanyl and related painkillers, mostly made in illegal labs in China, are showing up in a huge variety of recreational street drugs — and unless you happen to be a chemist, there's no surefire way to spot a bad batch.

The most recent data from Canada's national drug testing lab shows that, as of March 2016, 21.6 per cent of heroin and 4.8 per cent of cocaine is contaminated with fentanyl.

The drug has also been found in methamphetamine, codeine and alprazolam (Xanax). It has even showed up in blotter sheets being sold as LSD in Manitoba.

At STS Pain Pharmacy in Victoria B.C., which specializes in addiction care, clients can bring in street drugs to have them tested for contaminants like fentanyl.

The results, said staff pharmacist Jarred Aasen, have been staggering: More than 90 per cent of the samples they've tested had fentanyl. And it wasn't just in the usual suspects like heroin and counterfeit OxyContin, but also cocaine and the popular party drug MDMA.

Dip-stick tests for detecting fentanyl — like the ones available from harm-reduction stations at some music festivals — are not all that useful, Aasen explained.

They don't tell you how much fentanyl is present. And they can't detect any of the drug's dozens of chemical variants, which are everywhere, or its much more poisonous cousin carfentanil — a large-animal anesthetic not approved for any use in humans.

"Always assume there's fentanyl," Aasen said. "And there's no safe dose (of fentanyl)."

As to why fentanyl is showing up in drugs where it has no business being? "It's a big question mark," Aasen said. It's been suggested that drug makers are using fentanyl as a filler because it's simple to make and it only takes a tiny amount to get high.

For now, McLennan would like recreational drug users to keep naloxone, a drug that can help reverse the effects of an overdose, on hand — and inform themselves about the risks.

"If I had asked him before he passed away about fentanyl, I don't think he'd even know what it was. If we both had been more educated, we could have made better choices."

BY THE NUMBERS

4.8%

The percentage of cocaine contaminated with fentanyl. SOURCE: CANADA'S NATIONAL DRUG TESTING LAB

21.6%

The percentage of heroin contaminated with fentanyl.

90%

At STS Pain Pharmacy in Victoria B.C., which specializes in addiction care, more than 90 per cent of the samples they've tested had fentanyl. Along with the usual suspects, it was also found in MDMA.

metro WHEELS
Your essential daily news

Uber puts Arizona self-driving program on hold after vehicle in high-speed collision

New 10-speed built Ford tough

HANDOUT

REVIEW

Second gen EcoBoost engine gives more power

Dan Ilika
AutoGuide.com

Ford has proven with its aluminum body that it is willing to take big risks with its best-selling pickup, and for 2017, the brand is introducing new technology that could ruin the way its best-seller drives.

You need only see how Jeep's launch of the jerky, unrefined nine-speed automatic in the Cherokee went over to understand how adding more gears to a transmission can complicate matters while bringing few benefits. Luckily, it looks like Ford was watching its competitors and doesn't seem to be repeating others' mistakes.

For 2017, Ford is using a new 10-speed automatic transmission connected to the top-dog 3.5-litre EcoBoost engine, which has also been heavily revised, enough so that Ford calls this the second-generation of this engine.

What this means for the consumer is that the truck has more power and it will burn less fuel. Output is rated at 370 horsepower and 470 pound-feet of torque, more torque than can be found in any other half-ton pickup at the moment and a boost compared to the previous 3.5-litre EcoBoost. However, the boost in fuel economy isn't major.

The new power is noticeable when you pour on the throttle, blasting this truck to highway speeds. Tip-in power is immediate and the small bit of lag that came along with the last-generation 3.5-litre EcoBoost is gone.

The most common issue with so many gear ratios is the transmission's programming, in other words, how it thinks. And the F-150's brain seems quite smart. Each shift is smooth and well calculated, keeping the truck in the power when necessary and upshifting often to save fuel.

Overall, the driving dynamics of the F-150 remain. This truck drives the lightest of the half-ton bunch, with the ability to tuck into a corner and feel nimble.

The medium weighting of the steering wheel provides a decent feeling in your hands, although the wheel itself is mostly lifeless and insulated from the road below it.

The only weak point of the truck after a full day of driving was fuel economy.

A basic 2017 F-150 begins at $30,049, including destination charges, while the Lariat 4×4 model that we tested with the 3.5L EcoBoost sells for about $53,000. At the top end, the F-150 Limited with a few options adds up to $75,969.

Ford has taken what was already a powerful, clever pickup truck and made it even better with some new smart engineering. And the brand isn't slowing down. In 2018, Ford will introduce a new diesel engine along with revisions to its entire F-150 engine lineup, which include this 10-speed mating to nearly all of the truck's engine options.

THE CHECKLIST | 2017 FORD F-150

THE BASICS

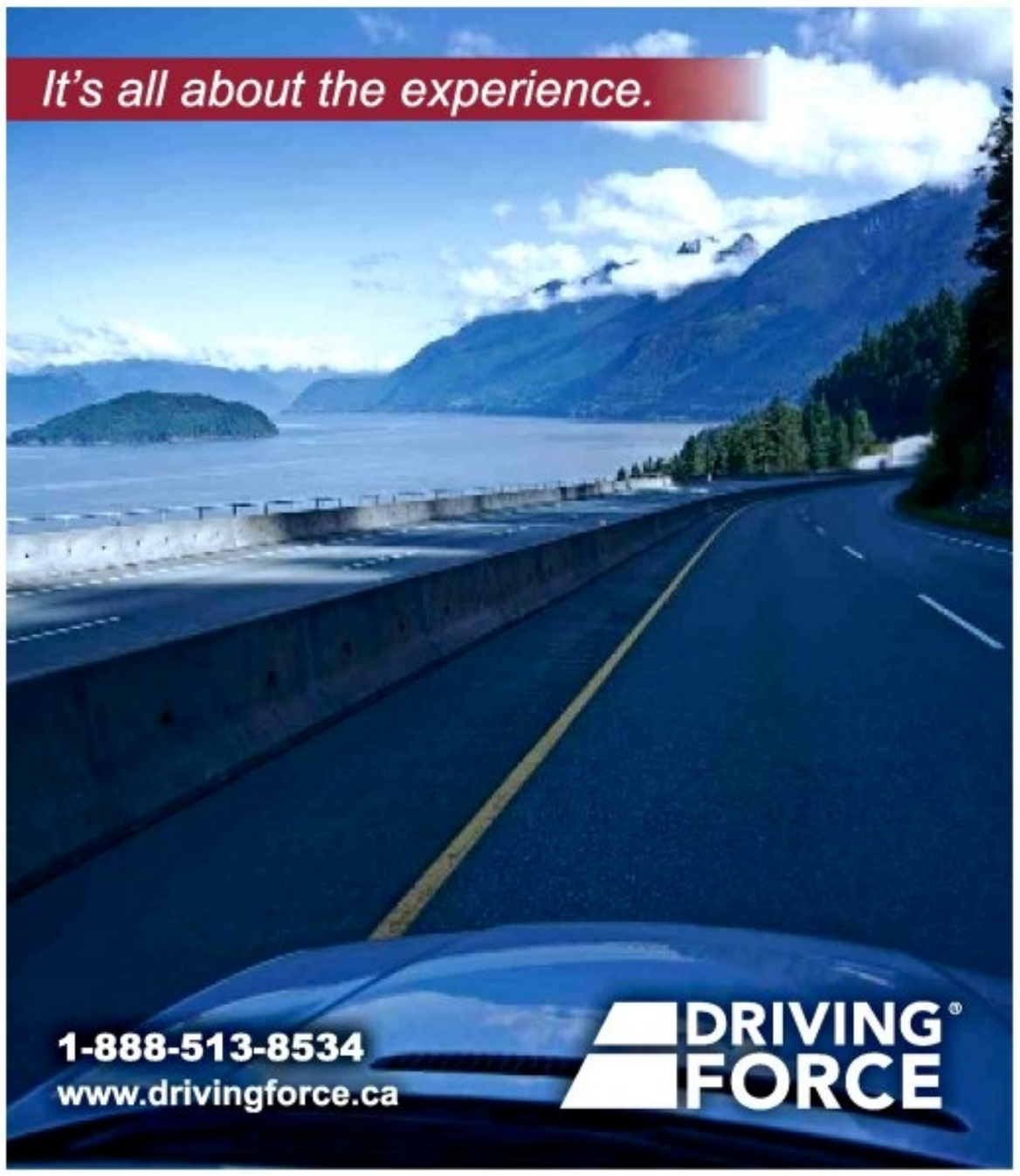
Engine: 3.5-liter turbocharged V6
Output: 370 horsepower, 460 pound-feet of torque
Transmission: 10-speed auto
Battery size: 28 kWh
Fuel Economy (L/100 km): 13.6 city, 10.3 hwy (4x4)
Price: Starts at $30,049. As tested $53,000.

LOVE IT

- Smooth shifts
- Clever transmission brain
- Power

LEAVE IT

- Numb steering



Auto elevator brings new meaning to door-to-door

LUXURY

Residents can park inside tower right at their door

Jason Siu
AutoGuide.com

The Porsche Design Tower Miami's 132 units are almost sold out already. HANDOUT

The new Porsche Design Tower Miami caters to rich car enthusiasts with a very special feature: an elevator for your car.

It's the first residential real estate project of Porsche, with the 60-story tower's most unique feature being a patented, revolutionary automobile elevator lift system. Nicknamed the "Dezervator," it can carry both residents and their vehicles up to their luxurious home in the sky. In fact, it allows owners to literally have their vehicle at their front door.

Other luxurious amenities in the tower includes plunge pools and outdoor summer kitchens on the balconies of almost every unit. It's a first in Miami and is a feature typically reserved only for the most elite penthouses.

There's a total of 132 units, with each one starting in the $6- to $8-million range. Most are already spoken for (six units remain) and that includes a $32 million, four-story penthouse. According to Fox News, 22 billionaires are among the new owners. If you're wondering how on Dezervator serves all those people, there are three in the tower.

"It is an especially proud and remarkable moment to debut the first-ever Porsche Design Tower," says Gil Dezer, president of Dezer Development. "Simply put, there is no other building in the world with the same level of groundbreaking ingenuity and superlative quality as Porsche Design Tower Miami. This iconic tower has not only redefined Miami's skyline, but residential luxury."

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"Right now we're not playing good basketball": LeBron James, whose Cavaliers fell out of first place in the East with Monday's 103-74 loss at the Spurs

NHL CANUCKS POSE LITTLE TROUBLE FOR DUCKS
Ducks right-winger Patrick Eaves, right, celebrates his goal with teammate Antoine Vermette as Canucks defenceman Nikita Tryamkin looks on at Rogers Arena on Tuesday night. The Canucks could only muster up a third-period goal scored by Brock Boeser in a 4-1 loss. JONATHAN HAYWARD/THE CANADIAN PRESS

'Tough as nails'

SNOWBOARDING

McMorris in good spirit following weekend crash

There were tubes in Mark McMorris's nose and bruises around his left eye and cheek, but the Canadian snowboarding star was giving the thumbs-up and flashing a small smile in an Instagram photo posted Tuesday by his brother.

The Olympic bronze medallist from Regina is confined to a Vancouver hospital bed after suffering serious injuries in a crash in the B.C. backcountry over the weekend.

"Kids tough as nails," his older brother Craig wrote in his feed on the photo-sharing app. "All good news from here on out. So much love."

Cindy McMorris is at her son's side in photo, which quickly attracted thousands of likes and several hundred comments.

The 23-year-old McMorris suffered breaks to his jaw and left arm, a ruptured spleen, a stable pelvic fracture, rib fractures and a collapsed left lung when he crashed into trees while going off a jump on Saturday. He underwent two separate surgeries over the weekend to control bleeding and repair the injuries to his jaw and arm. His brother, also an accomplished snowboarder, was with him when the accident happened.

Canadian teammate Max Parrot said snowboarders are well aware of the risks they're taking.

"We're practising an extreme sport," he said. "But there's not much you can do against a tree."

Despite McMorris's severe injuries, Canada Snowboard announced Tuesday that he and Parrot had been provisionally nominated to Canada's Olympic team. While there is no timetable for McMorris's recovery, Canada Snowboard executive director Patrick Jarvis said the Olympic bronze medallist will have to show he's healthy before fully securing his spot for the Games in Pyeongchang, South Korea, that begin Feb. 9, 2018.

THE CANADIAN PRESS

Mark McMorris with his mother, Cindy, at a Vancouver hospital. CRAIG MCMORRIS/INSTAGRAM

STRONG YEAR

McMorris won three X Games medals this season along with two World Cup Crystal Globes, one for big air and another as the overall champion.

WAGE DISPUTE

U.S. women's team gets its pay raise

USA Hockey and the women's national team reached an agreement to end a wage dispute and avoid a boycott of the world championship on home ice that would've been a black eye for the sport.

Players and USA Hockey finalized the deal Tuesday night and announced it in a joint statement just three days before the tournament begins in Plymouth, Mich. It's a four-year agreement that pays players beyond just the six-month Olympic period.

"It's going to be a turning point for women's hockey in the U.S. (and) I feel like a turning point for women's hockey in the world," star forward Jocelyne Lamoureux-Davidson said by phone.

> **We'll be all ready to go. I'm not worried about that one bit.**
> Jocelyne Lamoureux-Davidson on the upcoming world championship

Before this agreement, players said they were paid $1,000 a month around the Olympics, and the new contract is believed to be worth around $3,000 to $4,000 per player per month. Combined with money received from the U.S. Olympic committee, each player could surpass $70,000 in annual earnings.

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IN BRIEF

Argentina lost without Lionel
Hours after Lionel Messi was suspended by FIFA for four World Cup qualifying matches, Argentina lost 2-0 to Bolivia in the altitude of La Paz on Tuesday and heightened its risk of missing a spot at Russia 2018.

Argentina dropped from third to fifth place, remaining on 22 points in South American qualifying with four games to play and putting coach Edgardo Bauza under intense pressure to step aside.
THE ASSOCIATED PRESS

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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7	9	4	2	8	1	5	6	3
5	2	3	6	4	7	1	9	8
6	8	1	3	9	5	4	2	7
8	5	2	9	7	4	6	3	1
9	3	6	1	5	2	7	8	4
1	4	7	8	6	3	9	5	2
4	1	9	5	2	8	3	7	6
3	6	8	7	1	9	2	4	5
2	7	5	4	3	6	8	1	9

Warriors on another level

NBA

Curry ensures Rockets can't hang with Golden State

Stephen Curry scored 32 points, Klay Thompson had 25 and the Golden State Warriors built a big lead early and held on for a 113-106 win over the Houston Rockets on Tuesday night.

The Warriors scored 37 points in the first quarter and never trailed on their way to their eighth straight victory and 60th this season.

Golden State led by eight after a pair of free throws by Curry with just over three minutes left. Patrick Beverley countered with a tip-in layup for Houston, then was fouled when he was knocked to the ground on a screen by Draymond Green seconds later.

James Harden missed a layup on the next possession before Green added a shot on the other end to put the Warriors up 107-99.

Another layup miss by Harden followed, and Curry made a three-pointer with 1:46 left to send fans streaming to the exits.

Harden had 24 points, 13 assists and 11 rebounds for his 20th triple-double this season. Houston's four-game winning streak ended on a night when the Rockets made just five of 31 three-pointers.

Golden State coach Steve Kerr reached 200 career wins, making him the fastest to reach the milestone in NBA history. He got there in his 238th game to surpass Phil Jackson, who got to 200 in his 270th game.

The Warriors are the sixth NBA team to win at least 60 regular-season games in three straight seasons.

Houston made the first five points of the fourth quarter, powered by a three-pointer from Sam Dekker, before Golden State got going, using a 5-2 run to push the lead to 91-82 with about 8-1/2 minutes left.

The Warriors scored the last six points of the third quarter to lead 86-75 entering the fourth.

The Warriors were up by six after a dunk by Andre Iguodala midway through the third quarter before Houston used a 5-2 spurt to cut it to 76-73. Golden State scored four quick points, highlighted by a three from Iguodala, to extend the lead to seven.

Golden State led by 22 in the first half and was up 60-52 at halftime. THE ASSOCIATED PRESS

Stephen Curry had 10 rebounds and seven assists to go along with his 32 points on Tuesday. MICHAEL WYKE/THE ASSOCIATED PRESS

TUESDAY In Houston

113	106
WARRIORS	ROCKETS

IN BRIEF

Morales, Travis propel Jays
Kendrys Morales and Devon Travis both went 3-for-4 while driving in a run apiece to lead the Toronto Blue Jays past the Philadelphia Phillies 10-4 on Tuesday night in spring training action.

Josh Donaldson went 2-for-3 with one RBI and three runs scored for the Blue Jays (11-17). Troy Tulowitzki (1-for-2) and Melvin Upton Jr. (1-for-3) each hit home runs and drove in two runs apiece.
THE CANADIAN PRESS

Owners opt to bring video replay onto field
One day after approving the Oakland Raiders' move to Las Vegas, NFL owners got busy passing several rules changes and adopting resolutions they believe will speed the game and enhance player safety.

Most notable Tuesday was the change in handling officiating of video replays. Referees will now watch replays on the field using tablets.
THE ASSOCIATED PRESS

Leafs' Matthews hits 35
Auston Matthews had a record-breaking night and the Toronto Maple Leafs scored a huge two points as they continue to push for the post-season.

Matthews broke Wendel Clark's 31-year-old franchise rookie record with his 35th goal of the season in the Leafs' 3-2 win over the Florida Panthers on Tuesday.

Matthews joined Alex Ovechkin and Sidney Crosby as the only rookies since the 1995-96 season to scored 35 goals.
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MAKE IT TONIGHT

Satisfying Spinach and Pancetta Spaghetti

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Thanks to pancetta this pasta has flavour to the power of 10 but you can also appreciate its healthy quotient of iron-packed spinach.

Ready in 30 minutes
Prep time: 8 minutes
Cook time: 22 minutes
Serves 4

Ingredients
- 250g spaghetti
- 1/3 cup oil, divided
- 1 clove garlic
- 1/2 cup diced pancetta
- 5 oz. fresh spinach
- 1 cup fresh shaved Asiago cheese

Directions

1. Bring a pot of heavily salted water (it should taste like the ocean) to boil and add pasta; cook according to package directions.

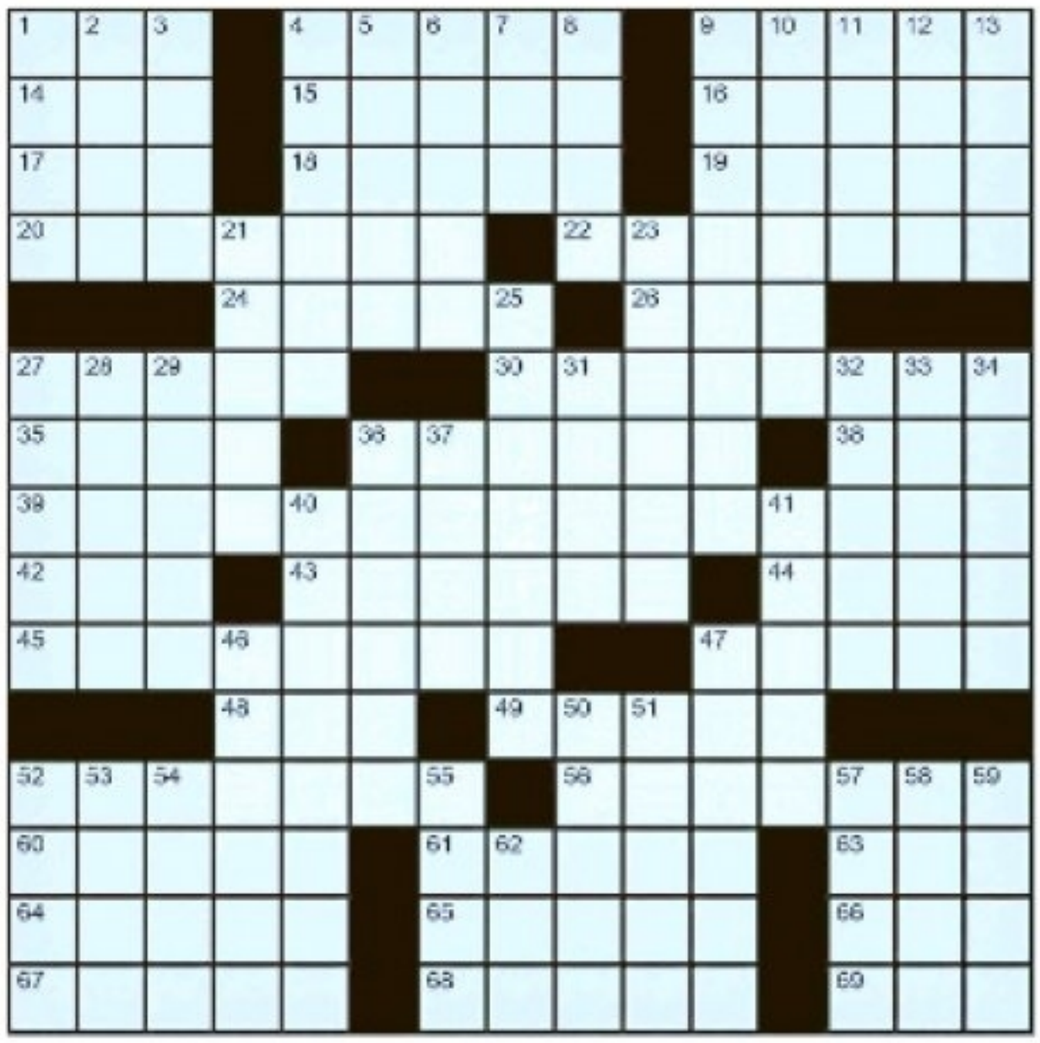
2. Heat a large skillet over medium heat and then add a tablespoon of oil. Add garlic and cook for about 1 minute, until fragrant. Add pancetta and cook until browned. Adjust the heat to low and then stir in the spinach and allow it to wilt.

3. Once pasta is done, add to the pan with spinach along with the remaining oil and stir. Sprinkle pasta with asiago cheese. Remove pasta from heat and serve. Serve immediately.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Illinois' largest city, for short
4. The baby cow's
9. Suit jacket flap
14. Carry a tune, but without words
15. "Encore!"
16. Showbiz personality Ms. Stewart once married to rocker Rod
17. Austrian peak
18. Green/grey songbird
19. Carriage
20. Breezing through the test
22. Woodstock attendees
24. City in Quebec
26. Campaign
27. "Glee" actress Ms. Riley
30. Counterattack
35. Bread alternative for a sandwich
36. Groucho Marx facial feature, hip-style
38. Two-__ tissues
39. Newfoundland town on Placentia Bay: 2 wds.
42. Eyeball
43. The Beaver State
44. Filmed-one's function
45. Resembling a bird's home
47. Chesterfields
48. "Get movin'!"
49. Barnyard bedding
52. James Mattis, the current US Secretary of __
56. Reigning
60. Earth's layer of protection
61. Higher up
63. Ms. Thompson of "Caroline in the City"
64. Dundee's fave reptiles
65. Spur's little spiked wheel
66. 'Tutor' suffix
67. Satisfies cravings
68. Downright mean
69. "Making Plans for Nigel" band

DOWN
1. Gent
2. Retro toy, __ Hoop
3. Pixies
4. Posh spooned-on serving with crackers
5. Cosmetic surgery concern
6. "Key __" (1948)
7. "Disgusting!", giant-style
8. Highbrow
9. Worker
10. Reunion attendees
11. Book leaf side
12. Tech sch. grad
13. __ out the plans (Shows the blueprints)
21. Extract metal from ore
23. Tatiana Maslany's series, "__ Black"
25. Farms
27. Torcher's work
28. 007 portrayer Roger
29. Sniffles
31. "__ Beach" by Martha & The Muffins
32. Leslie Nielsen's movie style
33. "Be-Bop-_-_" by Gene Vincent
34. Ancient harps
36. TV show
37. William Shatner's show, "Star __"
40. Sanctitude
41. Candice Bergen show, "Murphy __"
46. From that point, archaically
47. Way to give wise advice
50. Thinks, archaically
51. Strengthen, as an embankment
52. "Grey's Anatomy" pros
53. Better Than __ (Rock band)
54. Measurement in a person's height
55. Clear cash
57. Alberta village about half an hour east of Red Deer
58. In order in the house
59. Gym bag desweater
62. Anaconda, for one

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day for mental work, because you will be careful and will not overlook details. Furthermore, you will have the steady endurance to finish what you begin.

Taurus April 21 - May 21
Research will go well today because your mind is steady and focused. You will stay on track, looking for what you want to find until you find it.

Gemini May 22 - June 21
Someone older or more experienced might have excellent advice for you today. It never hurts to listen, does it?

Cancer June 22 - July 23
A conversation with a boss or parent will be instructive today. Both parties will make progress in a practical way, especially in terms of planning.

Leo July 24 - Aug. 23
This is a great day to study anything, because you have focus and concentration. Furthermore, you won't overlook or skip things.

Virgo Aug. 24 - Sept. 23
Discussions about shared property, inheritances, wills and insurance issues will go well today. You will be thorough in everything you do; plus, someone more experienced might help you.

Libra Sept. 24 - Oct. 23
Discussions with partners and close friends are serious today, because you are in a serious frame of mind. Furthermore, people who are older and more experienced will help.

Scorpio Oct. 24 - Nov. 22
You will get a lot done at work today because you are in a practical, hands-on frame of mind. Be ready to listen to a boss or a more experienced co-worker who might help you.

Sagittarius Nov. 23 - Dec. 21
This is a good day for practical planning regarding sports, future social occasions and anything related to kids. Get out a pen and paper, and start making a list.

Capricorn Dec. 22 - Jan. 20
This is a good day for family discussions, especially discussions with a parent or an older family member. You will come up with practical ideas for now and in the future.

Aquarius Jan. 21 - Feb. 19
This is an excellent day to do future planning. This planning might be personal or professional. Discussions with siblings and relatives will be serious and productive.

Pisces
Feb. 20 - March 20
Value your moneymaking ideas today, because you are in a sensible frame of mind. You have practical ideas about how to deal with your assets.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		8	5	9	7	1		
	3						5	
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